The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit blueshieldca.com/policies or call 1-855-256-9404. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1-866-444-3272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$750 per individual / $1,500 per family for participating providers, $1,500 per individual / $3,000 per family for non-participating providers.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and other services listed in your complete terms of coverage.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	$4,750 per individual / $9,500 per family for participating providers, $9,500 per individual / $19,000 per family for non-participating providers.	If you have other family members in this plan, the overall family out-of-pocket limit must be met. The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See blueshieldca.com/fap or call 1-855-256-9404 for a list of participating providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

Blue Shield of California is an independent member of the Blue Shield Association.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you visit a health care prov ide r's office or clinic	Primary care visit to treat an injury or illness	$25/visit	40% coinsurance	----------None----------
	Specialist visit	$25/visit	40% coinsurance	
	Preventive care/ screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	$25/visit	40% coinsurance up to $350/day plus 100% of additional charges	The services listed are at a free standing location.
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance up to $350/day plus 100% of additional charges	Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at blueshieldca.com/ formulary	Tier 1	*Retail*: $10/prescription *Mail Service*: $20/prescription	*Retail*: 25% coinsurance of the billed amount + $10/prescription *Mail Service:* Not covered	Preauthorization is required for select formulary and non-formulary drugs. Failure to obtain preauthorization may result in reduction or non-payment of benefits. *Retail*: Covers up to a 30-day supply; *Mail Service*: Covers up to a 90-day supply.
	Tier 2	*Retail*: $30/prescription *Mail Service:* $60/prescription	*Retail*: 25% coinsurance of the billed amount + $30/prescription *Mail Service:* Not covered	
	Tier 3	*Retail:* $50/prescription *Mail Service:* $100/prescription	*Retail*: 25% coinsurance of the billed amount + $50/prescription *Mail Service:* Not covered	
	Tier 4 (excluding Specialty drugs)	*Retail:* 30% coinsurance up to $200 maximum/ prescription *Mail Service:* 30% coinsurance up to $400 maximum/prescription	*Retail:* 25% of purchase price +30% coinsurance up to $200 maximum/prescription *Mail Service:* Not covered	Preauthorization is required for select drugs. Failure to obtain preauthorization may result in reduction or non-payment of benefits.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance up to $350/day plus 100% of additional charges	----------None----------
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need immediate medical attention	Emergency room care	*Facility Fee*: $100/visit + 20% coinsurance *Physician Fee*: 20% coinsurance	*Facility Fee*: $100/visit + 20% coinsurance *Physician Fee*: 20% coinsurance	Calendar year medical deductible does not apply.
	Emergency medical transportation	20% coinsurance	20% coinsurance	----------None----------
	Urgent care	$25/visit	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	$100/admission + 20% coinsurance	40% coinsurance up to $600 per day plus 100% of additional charges	Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	----------None----------
If you need mental health, behavioral health, or substance abuse services	Outpatient services	*Office Visit*: $25/visit *Outpatient Services*: 20% coinsurance *Partial Hospitalization*: 20% coinsurance *Psychological Testing*: 20% coinsurance	40% coinsurance up to $350/day plus 100% of additional charges	Calendar year medical deductible does not apply. Preauthorization is required except for office visits. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
	Inpatient services	*Physician Inpatient Services:* No charge *Hospital Services*: $100/admission + 20% coinsurance *Residential Care*: $100/admission + 20% coinsurance	40% coinsurance up to $600/day plus 100% of additional charges	Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you are pregnant	Office visits	20% coinsurance	40% coinsurance	----------None----------
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	
	Childbirth/delivery facility services	$100/admission + 20% coinsurance	40% coinsurance up to $600/day plus 100% of additional charges	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	Not covered	Coverage is limited to 100 visits per member per calendar year. Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
	Rehabilitation services	$25/visit	40% coinsurance up to $350/day plus 100% of additional charges	----------None----------
	Habilitation services	$25/visit	40% coinsurance up to $350/day plus 100% of additional charges	
	Skilled nursing care	20% coinsurance	*Freestanding SNF*: 20% coinsurance *Hospital-based SNF*: 40% coinsurance up to $600/day plus 100% of additional charges	Coverage limited to 100 days per member per benefit period. Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
	Durable medical equipment	20% coinsurance	40% coinsurance	Preauthorization is required. Failure to obtain preauthorization may result in reduction or non-payment of benefits.
	Hospice services	No charge	Not covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	VSP: $5 copay/exam. Deductible does not apply.	VSP: $5 copayment/exam, up to $45, plus any balance billing charges. Deductible does not apply.	If elected, vision coverage is available under separate vision plan through VSP. Some types of lenses may be eligible for a higher allowance. Retirees are not eligible for vision coverage.
	Children's glasses	VSP: No charge, up to a $150 allowance for frames ($170 allowance for featured brand frames), then 100% coinsurance. Deductible does not apply.	VSP: No charge, up to $70 for frames and a $30 for lenses, then 100% coinsurance plus any balance billing charges. Deductible does not apply.	
	Children's dental check-up	Premier Access: No charge. Deductible does not apply.	Premier Access: Coverage may be available depending on the plan you elect.	If elected, additional coverage is available under separate dental plan. Retirees are not eligible for dental coverage.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Dental Care (Adult and Child) under separate plan (Actives only).
- Hearing aids
- Routine eye care (Adult and Child) under separate plan (Actives only).

Blue Shield of California is an independent member of the Blue Shield Association.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-855-256-9404 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame al 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulongsa Tagalog tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助，请拨打这个号码 1-866-346-7198.

Navajo (Dine): Diné k'ehjí doo bąąh ílínígó shíka' at'oowoł nínízingo, kwijį' hodíílnih 1-866-346-7198.

Vietnamese (Tiếng Việt): Để được hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Korean (한국어): 한국어도움이필요하시면, 1-866-346-7198 무료전화 로전화하십시오.

Armenian (Հայերեն): Հայերենլեզվովանվճարօգնությունստանալուհամարխնդրում ենքզանգահարել 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском языке, то позвоните 1-866-346-7198.

Japanese (日本語): 日本語支援が必要な場合、1-866-346-7198 に電話をかけてください。無料で提供します。

Persian (فارسی): برای دریافت کمک رایگان زبان فارسی،لطفاً با شماره تلفن 1-866-346-7198 تماس بگیرید.

Punjabi(ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿ ਮਦਦ ਲਈ ਮਿਹਰਬਾਨੀ ਕਰ ਕੇ 1-866-346-7198 ਤੇ ਮੁਫ਼ਤ ਕਾਲ ਕਰੋ.

Khmer (ភាសាខ្មែរ): សូមជំនួយជាភាសាអង់គ្លេសដោយឥតគិតថ្លៃ សូមទាក់ទងមកលេខ 1-866-346-7198.

Arabic(العربية): لحصول على المساعدة في اللغة العربية مجانا ، تفضل بالاتصال على هذا الرقم: 1-866-346-7198.

Hmong (Hnoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दीमेंबिना खर्च केसहायताकेलिए, 1-866-346-7198 परकॉलकरें।.

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่มีค่าใช้จ่ายโปรดโทร 1-866-346-7198.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

Blue Shield of California is an independent member of the Blue Shield Association.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg Is Having A Baby
(9 months of participating pre-natal care and a hospital delivery)

The pla n's overall deductible	$750
Specialist copayment	$25
Hospital (facility) copay+coins	$100+20%
Other copayment	$25

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	$12,800

In this example, Peg would pay:

Cost Sharing	
Deductibles	$750
Copayments	$615
Coinsurance	$2,304
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	$3,729

Managing Joe's Type 2 Diabetes
(a year of routine participating care of a well-controlled condition)

The pla n's overall deductible	$750
Specialist copayment	$25
Hospital (facility) copay+coins	$100+20%
Other copayment	$25

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	$750
Copayments	$1,285
Coinsurance	$0
What isn't covered	
Limits or exclusions	$1,783
The total Joe would pay is	$3,818

Mia's Simple Fracture
(participating emergency room visit and follow up care)

The pla n's overall deductible	$750
Specialist copayment	$25
Hospital (facility) copay+coins	$100+20%
Other copayment	$25

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	$2,500

In this example, Mia would pay:

Cost Sharing	
Deductibles	$750
Copayments	$175
Coinsurance	$276
What isn't covered	
Limits or exclusions	$37
The total Mia would pay is	$1,238

The plan would be responsible for the other costs of these EXAMPLE covered services.

Blue Shield of California is an independent member of the Blue Shield Association.